

Opening Skinners Box Great Psychological Experiments Of The Twentieth Century

Lauren Slater

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Psy-Q Ben Ambridge 2014 A creative and fun introduction to psychology, perfect for readers of all ages, is filled with a vast array of quizzes, jokes and games that measure personality, intelligence, moral values, artistic skill, capacity of logical reasoning and more. Original. 50,000 first printing.

Pain, Pleasure, and the Greater Good Cathy Gere 2017-10-19 "Contents" -- "Introduction: Diving into the Wreck" -- "1. Trial of the Archangels" -- "2. Epicurus at the Scaffold" -- "3. Nasty, British, and Short" -- "4. The Monkey in the Panopticon" -- "5. In Which We Wonder Who Is Crazy" -- "6. Epicurus Unchained" -- "Afterword: The Restoration of the Monarchy" -- "Notes" -- "Bibliography"

Psychology in Action Karen Huffman 1999-08-16 Through four successful editions, this briefer book uses an approach which promotes learning as an "activity" of the reader - it shows how "active learning" can motivate and excite readers to a deeper understanding of introductory psychology. With balanced and modern treatment of gender and culture, this book encourages readers to develop "critical thinking" skills. It is organized around the SQ4R (survey, question, read, recite, review) method of learning.

Historical and Conceptual Issues in Psychology Marc Brysbaert 2012-09-01 The 2nd edition of Historical and Conceptual issues in Psychology offers a lively and engaging introduction to the main issues underlying the emergence and continuing evolution of psychology.

Becoming King Troy Jackson 2008-11-14 "In Becoming King: Martin Luther King, Jr. and the Making of a National Leader, Troy Jackson chronicles King's emergence and effectiveness as a civil rights leader by examining his relationship with the people of Montgomery, Alabama. Using the sharp lens of Montgomery's struggle for racial equality to investigate King's burgeoning leadership. Drawing on countless interviews and archival sources and comparing King's sermons and religious writings before, during, and after the Montgomery bus boycott, Jackson demonstrates how King's voice and message evolved to reflect the shared struggles, challenges, experiences, and hopes of the people with whom he worked." --Book Jacket.

The Psychology of B F Skinner William O'Donohue 2001-03-15 Behaviorists, or more precisely Skinnerians, commonly consider Skinner's work to have been misrepresented, misunderstood, and to some extent defamed. In this book, the author clarifies the work of B F Skinner, and puts it into historical and philosophical context. Though not a biography, the book discusses Skinner himself, in brief. But the bulk of the book illuminates Skinner's contributions to psychology, his philosophy of science, his experimental research program (logical positivism) and the behavioral principles that emerged from it, and applied aspects of his work. It also rebuts criticism of Skinner's work, including radical behaviorism, and discusses key developments by others that have derived from it.

Blue Dreams Lauren Slater 2018-02-20 The explosive story of the discovery and development of psychiatric medications, as well as the science and the people behind their invention, told by a riveting writer and psychologist who shares her own experience with the highs and lows of psychiatric drugs. Although one in five Americans now takes at least one psychotropic drug, the fact remains that nearly seventy years after doctors first began prescribing them, not even their creators understand exactly how or why these drugs work -- or don't work -- on what ails our brains. Lauren Slater's revelatory account charts psychiatry's journey from its earliest drugs, Thorazine and lithium, up through Prozac and other major antidepressants of the present. Blue Dreams also chronicles experimental treatments involving Ecstasy, magic mushrooms, the most cutting-edge memory drugs, placebos, and even neural implants. In her thorough analysis of each treatment, Slater asks three fundamental questions: how was the drug born, how does it work (or fail to work), and what does it reveal about the ailments it is meant to treat? Fearlessly weaving her own intimate experiences into comprehensive and wide-ranging research, Slater narrates a personal history of psychiatry itself. In the process, her powerful and groundbreaking exploration casts modern psychiatry's ubiquitous wonder drugs in a new light, revealing their ability to heal us or hurt us, and proving an indispensable resource not only for those with a psychotropic prescription but for anyone who hopes to understand the limits of what we know about the human brain and the possibilities for future treatments.

Yoga for Pregnancy, Birth and Beyond Francoise Barbira Freedman 2020-12-01 A practical, step-by-step photographic guide to yoga poses specifically chosen to support you safely through pregnancy and the first months following the birth. Yoga is more important during pregnancy than at any other time of your life. As your body becomes unfamiliar to you from trimester to trimester and as labor approaches, you need safe, strengthening, and supportive sequences to guide you on your journey. This book gives you step-by-step yoga postures specially adapted for each trimester, and relaxation techniques and simple breathing exercises will show you how to adjust to the physical demands of labor and give birth with confidence. From conception to birth, help develop shared well-being and continue to reap the benefits of yoga after the birth as you bond with your new baby and regain your shape.

Inventing Ourselves Sarah-Jayne Blakemore 2018-05-15 A tour through the groundbreaking science behind the enigmatic, but crucial, brain developments of adolescence and how those translate into teenage behavior The brain creates every feeling, emotion, and desire we experience, and stores every one of our memories. And yet, until very recently, scientists believed our brains were fully developed from childhood on. Now, thanks to imaging technology that enables us to look inside the living human brain at all ages, we know that this isn't so. Professor Sarah-Jayne Blakemore, one of the world's leading researchers into adolescent neurology, explains precisely what is going on in the complex and fascinating brains of teenagers--namely that the brain goes on developing and changing right through adolescence--with profound implications for the adults these young people will become. Drawing from cutting-edge research, including her own, Blakemore shows: How an adolescent brain differs from those of children and adults Why problem-free kids can turn into challenging teens What drives the excessive risk-taking and all-consuming relationships common among teenagers And why many mental illnesses--depression, addiction, schizophrenia--present during these formative years Blakemore's discoveries have transformed our understanding of the teenage mind, with consequences for law, education policy and practice, and, most of all, parents.

The Act of Living Frank Tallis 2020-07-07 Life and its meaning is a mystery almost impossible to solve, but what can the leading theories teach us about the search for purpose? For most of us, the major questions of life continue to perplex: Who am I? Why am I here? How should I live? In the late nineteenth century, a class of thinkers emerged who made solving these problems central to their work. They understood that human questions demand human answers and that without understanding what it means to be human, there are no answers. Through the biographies and theories of luminaries ranging from Sigmund Freud to Erich Fromm, Frank Tallis show us how to think about companionship and parenting, identity and aging, and much more. Accessible yet erudite, The Act of Living is essential reading for anyone seeking answers to life's biggest questions.

Social Psychology in Sport Sophia Jowett 2007 The book is designed to allow readers to study issues in isolation or as part of a course or a module. The five main parts are Relationships in Sport, Coach Leadership and Group Dynamics, Motivational Climate, Key Social and Cognitive Processes in Sport, and The Athlete in the Wider Sport Environment. Each chapter is cross-referenced and provides a clear description of the topic and a concise theoretical overview along with a discussion of existing research. The chapters also introduce new research ideas, suggest practical research applications, and conclude with summaries and questions to help instructors engage the class in discussion and to help students follow the key points."--Publisher's website.

Behind the Shock Machine Gina Perry 2013-09-03 When social psychologist Stanley Milgram invited volunteers to take part in an experiment at Yale in the summer of 1961, none of the participants could have foreseen the worldwide sensation that the published results would cause. Milgram reported that fully 65 percent of the volunteers had repeatedly administered electric shocks of increasing strength to a man they believed to be in severe pain, even suffering a life-threatening heart condition, simply because an authority figure had told them to do so. Such behavior was linked to atrocities committed by ordinary people under the Nazi regime and immediately gripped the public imagination. The experiments remain a source of controversy and fascination more than fifty years later. In Behind the Shock Machine, psychologist and author Gina Perry unearths for the first time the full story of this controversial experiment and its startling repercussions. Interviewing the original participants—many of whom remain haunted to this day about what they did—and delving deep into Milgram's personal archive, she pieces together a more complex picture and much more troubling picture of these experiments than was originally presented by Milgram. Uncovering the details of the experiments leads her to question the validity of that 65 percent statistic and the claims that it revealed something essential about human nature. Fleshed out with dramatic transcripts of the tests themselves, the book puts a human face on the unwitting people who faced the moral test of the shock machine and offers a gripping, unforgettable tale of one man's ambition and an experiment that defined a generation.

Blue Beyond Blue Lauren Slater 2005 A collection of original fairy tales for adults explores contemporary family dynamics, moral conundrums, and romantic love, as well as the role of stories in providing healing and illumination.

Hotel World Ali Smith 2011-07-27 BOOKER PRIZE FINALIST • Forget room service: this is a riotous elegy, a deadpan celebration of colliding worlds, and a spirited defense of love. Blending incisive wit with surprising compassion, Hotel World is a wonderfully invigorating, life-affirming book. Five people: four are living; three are strangers; two are sisters; one, a teenage hotel chambermaid, has fallen to her death in a dumbwaiter. But her spirit lingers in the world, straining to recall things she never knew. And one night all five women find themselves in the smooth plush environs of the Global Hotel, where the intersection of their very different fates make for this playful, defiant, and richly inventive novel.

Playing House Lauren Slater 2015-07-14 Acclaimed author Lauren Slater ruminates on what it means to be family. Lauren Slater's rocky childhood left her cold to the idea of ever creating a family of her own, but a husband, two dogs, two children, and three houses later, she came around to the challenges, trials, and unexpected rewards of playing house.

In these autobiographical pieces, Slater presents snapshots of domestic life, populating them with the gritty details and jarring realities of sharing home, life, and body in the curious institution called "family." She asks difficult questions and probes unsettling truths about sex, love, and parenting. In these pages, Slater introduces us to her struggles with her mother, her determination to make a home of her own, her compromises in deciding to marry (her conflicts manifesting as an affair on the eve of her wedding), her initial struggle to connect with her newborn child, and the dilemmas of mothering with a mental illness. She writes openly about her decision to abort her second pregnancy and her later decision to have a second child after all. She tells us about the searing decision to have elective double mastectomy and how her love for her husband was magically rekindled

after she saw him catch fire in a chemical accident. It's not all mastectomies and chemical fires, though. Slater digs into the everyday challenges of family living, from buying a lemon of a car and fighting back menacing weeds to gaining weight and being jealous of the nanny. Beautifully written, often humorous, and always revealing, these stories scrutinize the complex questions surrounding family life, offering up sometimes uncomfortable truths.

Who Am I? Steven Reiss 2002 Sex? Social standing? Social justice? With this breakthrough study of the motivational forces behind human behavior, and grounded in the most up-to-date psychological research available, Dr. Steven Reiss explains the 16 desires and values that shape our behavior—and shows how the ways we prioritize them determines our personality. "Well-explained in lay readers' terms." (Library Journal) "An exciting new way to think about ourselves, an authoritative, research-based understanding of why we do the things we do." (Ellen Langer, Ph.D., author of Mindfulness) "Offers valuable insight into such matters as why some interpersonal relationships are enduringly satisfying and others are not." (Professor Richard J. McNally, Harvard University) "Reiss' system can improve our working relationships and enhance our professional lives." (Ruth Luckasson, J.D., Regents' Professor and Professor of Special Education, University of New Mexico)

The Psychopath Whisperer Kent A. Kiehl, PhD 2014-04-22 A compelling journey into the science and behavior of psychopaths, written by the leading scientist in the field of criminal psychopathy. We know of psychopaths from chilling headlines and stories in the news and movies—from Ted Bundy and John Wayne Gacy, to Hannibal Lecter and Dexter Morgan. As Dr. Kent Kiehl shows, psychopaths can be identified by a checklist of symptoms that includes pathological lying; lack of empathy, guilt, and remorse; grandiose sense of self-worth; manipulation; and failure to accept one's actions. But why do psychopaths behave the way they do? Is it the result of their environment—how they were raised—or is there a genetic component to their lack of conscience? This is the question Kiehl, a protégé of famed psychopath researcher Dr. Robert Hare, was determined to answer as he began his career twenty years ago. To aid in his quest to unravel the psychopathic mind, Kiehl created the first mobile functional MRI scanner to study psychopaths in prison populations. The brains of more than five hundred psychopaths and three thousand other offenders have been scanned by Kiehl's laboratory—the world's largest forensic neuroscience repository of its kind. Over the course of *The Psychopath Whisperer*, we follow the scientific bread crumbs that Kiehl uncovered to show that the key brain structures that correspond with emotional engagement and reactions are diminished in psychopaths, offering new clues to how to predict and treat the disorder. In *The Psychopath Whisperer*, Kiehl describes in fascinating detail his years working with psychopaths and studying their thought processes—from the remorseless serial killers he meets with behind bars to children whose behavior and personality traits exhibit the early warning signs of psychopathy. Less than 1 percent of the general population meets the criteria for psychopathy. But psychopaths account for a vastly outsized proportion of violent crimes. And as Kiehl shows, many who aren't psychopaths exhibit some of the behaviors and traits associated with the condition. What do you do if you discover your roommate, or boss, or the person you are dating has traits that define a psychopath? And what does having a diminished limbic region of the brain mean for how the legal system approaches crimes committed by psychopaths? A compelling narrative of cutting-edge science, *The Psychopath Whisperer* will open your eyes on a fascinating but little understood world, with startling implications for society, the law, and our personal lives.

Porgy Virginia Mixson Geraty 1991

Lying Lauren Slater 2012-11-14 "The beauty of Lauren Slater's prose is shocking," said *Newsday* about *Welcome to My Country*, and now, in this powerful and provocative new book, Slater brilliantly explores a mind, a body, and a life under siege. Diagnosed as a child with a strange illness, brought up in a family given to fantasy and ambition, Lauren Slater developed seizures, auras, neurological disturbances—and an ability to lie. In *Lying: A Metaphorical Memoir*, Slater blends a coming-of-age story with an electrifying exploration of the nature of truth, and of whether it is ever possible to tell—or to know—the facts about a self, a human being, a life. *Lying* chronicles the doctors, the tests, the seizures, the family embarrassments, even as it explores a sensitive child's illness as both metaphor and a means of attention-getting—a human being's susceptibility to malady, and to storytelling as an act of healing and as part of the quest for love. This mesmerizing memoir openly questions the reliability of memoir itself, the trickiness of the mind in perceiving reality, the slippery nature of illness and diagnosis—the shifting perceptions and images of who we are and what, for God's sake, is the matter with us. In *Lying*, Lauren Slater forces us to redraw the boundary between what we know as fact and what we believe we create as fiction. Here a young woman discovers not only what plagues her but also what heals her—the birth of sensuality, her creativity as an artist—in a book that reaffirms how a fine writer can reveal what is common to us all in the course of telling her own unique story. About *Welcome to My Country*, the *San Francisco Chronicle* said, "Every page brims with beautifully rendered images of thoughts, feelings, emotional states." The same can be said about *Lying: A Metaphorical Memoir*.

Opening Skinner's Box: Great Psychological Experiments of the Twentieth Century Lauren Slater 2005-02-17 Traces developments in human psychology over the course of the twentieth century, beginning with B. F. Skinner and the legend of the child raised in a box.

Prozac Diary Lauren Slater 1999 In 1988, at age 26, Lauren Slater lived alone in a basement apartment in Cambridge, depressed, suicidal, unemployed. Ten years later, she is a psychologist running her own clinic, an award-winning writer, and happily married. The transformation in her life was brought about by Prozac. *Prozac Diary* is Lauren Slater's incisive account of a life restored to productivity, creativity, and love. When she wakes up one morning and finds that her demons no longer have a hold on her, Slater struggles with the strange state of being well after a lifetime of craziness. Yet this is no hymn to a miracle pharmaceutical. It is a frankly ambivalent quest for the truth of self behind an ongoing reliance on a drug. Slater also addresses Prozac's notorious "poop-out" effect and its devastating attack on her libido. This is the first memoir to reflect on long-term Prozac use, and reviewers agree that no one has written about Prozac with such beauty, honesty, and insight.

Quirkology Richard Wiseman 2007-11-20 For over twenty years, psychologist Richard Wiseman has examined the quirky science of everyday life. In *Quirkology*, he navigates the oddities of human behavior, explaining the tell-tale signs that give away a liar, the secret science behind speed-dating and personal ads, and what a person's sense of humor reveals about the innermost workings of his or her mind—all along paying tribute to others who have carried out similarly weird and wonderful work. Wiseman's research has involved secretly observing people as they go about their daily business, conducting unusual experiments in art exhibitions and music concerts, and even staging fake séances in allegedly haunted buildings. With thousands of research subjects from all over the world, including enamored couples, unwitting pedestrians, and guileless dinner guests, Wiseman presents a fun, clever, and unexpected picture of the human mind.

Opening Skinner's Box: Great Psychological Experiments of the Twentieth Century Lauren Slater 2005-02-17 Through ten examples of ingenious experiments by some of psychology's most innovative thinkers, Lauren Slater traces the evolution of the century's most pressing concerns—free will, authoritarianism, conformity, and morality. Beginning with B. F. Skinner and the legend of a child raised in a box, Slater takes us from a deep empathy with Stanley Milgram's obedience subjects to a funny and disturbing re-creation of an experiment questioning the validity of psychiatric diagnosis. Previously described only in academic journals and textbooks, these often daring experiments have never before been narrated as stories, chock-full of plot, wit, personality, and theme.

Psychology Classics B. F. Skinner 2013-06-27 A Psychology Classic Burrhus Frederic "B. F." Skinner ranks among the most frequently cited and influential psychologists in the history of the discipline. Building on the behaviorist theories of Ivan Pavlov and John Watson he was the first psychologist to receive a Lifetime Achievement Award from the American Psychological Association (APA.) Originally published in 1948, *Superstition in The Pigeon* is a learning theory classic. Note To Psychology Students If you ever have to do a paper, assignment or class project on the work of B. F. Skinner having access to *Superstition in The Pigeon* in full will prove invaluable. A psychology classic is by definition a must read; however, most landmark texts within the discipline remain unread by a majority of psychology students. A detailed, well written description of a classic study is fine to a point, but there is absolutely no substitute for understanding and engaging with the issues under review than by reading the authors unabridged ideas, thoughts and findings in their entirety. Bonus Material Shortly after the publication of *Superstition in the Pigeon*, Skinner gave a detailed account of his science of behavior in a paper presented to the Midwestern Psychological Association, in Chicago. First published in 1950, the paper entitled *Are Theories of Learning Necessary?* is also presented in full. *Superstition in The Pigeon* by B. F. Skinner has been produced as part of an initiative by the website www.all-about-psychology.com to make historically important psychology publications widely available.

Opening Skinner's Box: Great Psychological Experiments of the Twentieth Century Lauren Slater 2005-02-17 Traces developments in human psychology over the course of the twentieth century, beginning with B. F. Skinner and the legend of the child raised in a box.

Porgy DuBose Heyward 1945

Medicine, Science and Merck P. Roy Vagelos 2004-01-05 Traces the careers of Roy Vagelos, who eventually became the CEO of Merck & Co., Inc.

Obedience to Authority Stanley Milgram 2017-07-11 A part of Harper Perennial's special "Resistance Library" highlighting classic works that illuminate our times: A special edition reissue of Stanley Milgram's landmark examination of humanity's susceptibility to authoritarianism. "The classic account of the human tendency to follow orders, no matter who they hurt or what their consequences." — *Washington Post Book World* In the 1960s, Yale University psychologist Stanley Milgram famously carried out a series of experiments that forever changed our perceptions of morality and free will. The subjects—or "teachers"—were instructed to administer electroshocks to a human "learner," with the shocks becoming progressively more powerful and painful. Controversial but now strongly vindicated by the scientific community, these experiments attempted to determine to what extent people will obey orders from authority figures regardless of consequences. "Milgram's experiments on obedience have made us more aware of the dangers of uncritically accepting authority," wrote Peter Singer in the *New York Times Book Review*. With an introduction from Dr. Philip Zimbardo, who conducted the famous Stanford Prison Experiment, *Obedience to Authority* is Milgram's fascinating and troubling chronicle of his classic study and a vivid and persuasive explanation of his conclusions.

Opening Skinner's Box Lauren Slater 2005 This title provides an account of the 20th century's key psychological experiments, by the author of 'Prozac Diary'.

Welcome to My Country Lauren Slater 2012-11-07 The world of the schizophrenic, the depressed, the suicidal can seem a foreign, frightening place. Now, a brilliant writer/psychologist takes readers on a mesmerizing journey into this enigmatic world. As readers interact through Slater with patients Lenny, Moxi, Oscar, and Marie, they come to understand more about the human mind and spirit. First serial to Harper's.

All You Need is LSD Leo Butler 2018-12-12 The drug laws in this country- the drug laws IN THE WORLD - all stem from this attitude that pleasure is a bad thing... In 2015, acclaimed British playwright Leo Butler accepted an invitation from former Government drugs tsar, Professor David Nutt, to be a guinea pig in the world's first LSD medical trials since the 1960s. *Monty Python*, *Being John Malkovich*, and *Alice in Wonderland* all resonate in this exhilarating and original comedy as we watch Leo jump down the rabbit-hole of a medical trial in search of enlightenment - and a good story. Along the way he meets an array of characters from Aldous Huxley and The Beatles, to Steve Jobs and Ronald Reagan, whose own stories in the history of LSD are hilariously and poignantly uncovered. Does the world still need a psychedelic revolution? And will Leo make it back home in time for tea? Part history, party wild fantasy, this darkly humorous new play illuminates the drugs debate that won't go away and examines the freedom we have to make our own choices in life, and death.

The Great Pretender Susannah Cahalan 2019-11-05 "One of America's most courageous young journalists" and the author of the #1 *New York Times* bestselling memoir *Brain on Fire* investigates the shocking mystery behind the dramatic experiment that revolutionized modern medicine (NPR). Doctors have struggled for centuries to define insanity—how do you diagnose it, how do you treat it, how do you even know what it is? In search of an answer, in the 1970s a Stanford psychologist named David Rosenhan and seven other people—sane, healthy, well-adjusted members of society—went undercover into asylums around America to test the legitimacy of psychiatry's labels. Forced to remain inside until they'd "proven" themselves sane, all eight emerged with alarming diagnoses and even more troubling stories of their treatment. Rosenhan's watershed study broke open the field

of psychiatry, closing down institutions and changing mental health diagnosis forever. But, as Cahalan's explosive new research shows in this real-life detective story, very little in this saga is exactly as it seems. What really happened behind those closed asylum doors?

Laws of UX Jon Yablonski 2020-04-21 An understanding of psychology—specifically the psychology behind how users behave and interact with digital interfaces—is perhaps the single most valuable nondesign skill a designer can have. The most elegant design can fail if it forces users to conform to the design rather than working within the "blueprint" of how humans perceive and process the world around them. This practical guide explains how you can apply key principles in psychology to build products and experiences that are more intuitive and human-centered. Author Jon Yablonski deconstructs familiar apps and experiences to provide clear examples of how UX designers can build experiences that adapt to how users perceive and process digital interfaces. You'll learn: How aesthetically pleasing design creates positive responses The principles from psychology most useful for designers How these psychology principles relate to UX heuristics Predictive models including Fitts's law, Jakob's law, and Hick's law Ethical implications of using psychology in design A framework for applying these principles

Experiments With People Robert P. Abelson 2014-04-04 Experiments With People showcases 28 intriguing studies that have significantly advanced our understanding of human thought and social behavior. These studies, mostly laboratory experiments, shed light on the irrationality of everyday thinking, the cruelty and indifference of 'ordinary' people, the operation of the unconscious mind, and the intimate bond between the self and others. This book tells the inside story of how social psychological research gets done and why it matters. Each chapter focuses on the details and implications of a single study, but cites related research and real-life examples. All chapters are self-contained, allowing them to be read in any order. Each chapter is divided into: *Background--provides the rationale for the study; *What They Did--outlines the design and procedure used; *What They Found--summarizes the results obtained; *So What?--articulates the significance of those results; *Afterthoughts--explores the broader issues raised by the study; and *Revelation--encapsulates the 'take-home message' of each chapter. This paperback is ideal as a main or supplementary text for courses in social psychology, introductory psychology, or research design.

The Skeleton Cupboard: The Making of a Clinical Psychologist Tanya Byron 2015-04-07 The gripping, unforgettable, and deeply affecting story of a young clinical psychologist learning how she can best help her patients, *The Skeleton Cupboard* is a riveting and revealing memoir that offers fascinating insight into the human mind. In *The Skeleton Cupboard*, Professor Tanya Byron recounts the stories of the patients who most influenced her career as a mental health practitioner. Spanning her years of training—years in which Byron was forced her to contend with the harsh realities of the lives of her patients and confront a dark moment in her own family's past—*The Skeleton Cupboard* is a compelling and compassionate account of how much health practitioners can learn from those they treat. Among others, we meet Ray, a violent sociopath desperate to be shown tenderness and compassion; Mollie, a talented teenager intent on starving herself; and Imogen, a twelve-year old so haunted by a secret that she's intent on killing herself. Byron brings the reader along as she uncovers the reasons each of these individuals behave the way they do, resulting in a thrilling, compulsively readable psychological mystery that sheds light on mental illness and what its treatment tells us about ourselves.

Patient H.M. Luke Dittrich 2016-08-09 "Oliver Sacks meets Stephen King" in this propulsive, haunting journey into the life of the most studied human research subject of all time, the amnesic known as Patient H.M. For readers of *The Immortal Life of Henrietta Lacks* comes a story that has much to teach us about our relentless pursuit of knowledge. Winner of the PEN/E.O. Wilson Literary Science Writing Award • Los Angeles Times Book Prize Winner NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The Washington Post • New York Post • NPR • The Economist • New York • Wired • Kirkus Reviews • BookPage In 1953, a twenty-seven-year-old factory worker named Henry Molaison—who suffered from severe epilepsy—received a radical new version of the then-common lobotomy, targeting the most mysterious structures in the brain. The operation failed to eliminate Henry's seizures, but it did have an unintended effect: Henry was left profoundly amnesic, unable to create long-term memories. Over the next sixty years, Patient H.M., as Henry was known, became the most studied individual in the history of neuroscience, a human guinea pig who would teach us much of what we know about memory today. Patient H.M. is, at times, a deeply personal journey. Dittrich's grandfather was the brilliant, morally complex surgeon who operated on Molaison—and thousands of other patients. The author's investigation into the dark roots of modern memory science ultimately forces him to confront unsettling secrets in his own family history, and to reveal the tragedy that fueled his grandfather's relentless experimentation—experimentation that would revolutionize our understanding of ourselves. Dittrich uses the case of Patient H.M. as a starting point for a kaleidoscopic journey, one that moves from the first recorded brain surgeries in ancient Egypt to the cutting-edge laboratories of MIT. He takes readers inside the old asylums and operating theaters where psychosurgeons, as they called themselves, conducted their human experiments, and behind the scenes of a bitter custody battle over the ownership of the most important brain in the world. Patient H.M. combines the best of biography, memoir, and science journalism to create a haunting, endlessly fascinating story, one that reveals the wondrous and devastating things that can happen when hubris, ambition, and human imperfection collide. "An exciting, artful blend of family and medical history."—The New York Times *Kirkus Reviews (starred review)

Psych Experiments Michael A Britt 2016-12-02 Psychology's most famous theories--played out in real life! Forget the labs and lecture halls. You can conduct your very own psych experiments at home! Famous psychological experiments--from Freud's ego to the Skinner box--have changed the way science views human behavior. But how do these tests really work? In *Psych Experiments*, you'll learn how to test out these theories and experiments for yourself...no psychology degree required! Guided by Michael A. Britt, creator of popular podcast *The Psych Files*, you can conduct your own experiments when browsing your favorite websites (to test the "curiosity effect"), in restaurants (learning how to increase your tips), when presented with advertisements (you'd be surprised how much you're influenced by the color red), and even right on your smartphone (and why you panic when you can't find it). You'll even figure out how contagious yawning works! With this compulsively readable little book, you won't just read about the history of psychology--you'll live it!

Methods for Behavioral Research Paul D. Cherulnik 2001-07-19 This core textbook introduces psychology students to research methods. The author's principal goal is to present methods in a way that will lend coherence to the material. He does this by providing a meaningful framework based around Campbell and Stanley's "threats to validity" and by organizing the book around the phases of the research process. In addition, in his approach and via boxed features, the author encourages and models a process of critical thinking for students.

In Therapy Susie Orbach 2017-12-28 Worldwide, an increasingly diverse and growing number of people are seeking therapy. We go to address past traumas, to break patterns of behaviour, to confront eating disorders or addiction, to talk about relationships, or simply because we want to find out more about ourselves. Susie Orbach has been a psychotherapist for over forty years. Also a million-copy bestselling author, *The New York Times* called her the 'most famous psychotherapist to have set up couch in Britain since Sigmund Freud'. Here, she explores what goes on in the process of therapy through a series of dramatized case studies. Insightful and honest about a process often necessarily shrouded in secrecy, *In Therapy: The Unfolding Story* is an essential read for those curious about, or considering entering, therapy. This complete edition takes us deeper into the world of therapy, with 13 further sessions and a new introduction.

Opening Skinner's Box Lauren Slater 2016-07-28 A century can be understood in many ways - in terms of its inventions, its crimes or its art. In *Opening Skinner's Box*, Lauren Slater sets out to investigate the twentieth century through a series of ten fascinating, witty and sometimes shocking accounts of its key psychological experiments. Starting with the founder of modern scientific experimentation, B.F. Skinner, Slater traces the evolution of the last hundred years' most pressing concerns - free will, authoritarianism, violence, conformity and morality. Previously buried in academic textbooks, these often daring experiments are now seen in their full context and told as stories, rich in plot, wit and character.